

## KITCHEN OPERATIONS & MANAGEMENT MHM1201

### Course Objective:-

The Student will get knowledge about:

1. The various types of soups, sauces and stocks.
2. Food commodities.
3. Fish and poultry.
4. Meat and pork.

### Learning outcome:-

At the end of course the student will have the knowledge about:-

1. Basics of continental cookery.
2. Soups, sauces and stocks.
3. Various food commodities.
4. Deep knowledge of fish, poultry, meat, pork, their cuts and usage.

Module	Course Topics	Total Hours
1	<p><b>FOUNDATION OF CONTINENTAL COOKERY:</b>  <b>Stock:</b> Definition, Classification and types, Rules for stock preparation, Recipe of Various Stocks.  <b>Soups:</b> Definition, Classification on soups, Examples.  <b>Sauces:</b> Definition, Use and importance of sauces, Mother sauces- Recipes, Derivative sauces.  <b>Garnishes and Accompaniments.</b></p> <p><b>SELECTION OF RAW MATERIALS</b></p> <p><b>EGG:</b>            Structure of an egg, purchase specifications &amp; quality grading, composition &amp; food value, storage</p> <p><b>FISH:</b>            Classification of Fishes , purchasing &amp; selection qualities, handling-scaling, filleting, skinning, pulling bones, fish cuts and uses, storage, application &amp; cooking methods.</p> <p><b>POLTRY:</b>            Various Poultry &amp; Games used in cookery, classification, Cuts, Purchasing &amp; Selection qualities, food value, storage, application &amp; cooking methods, cutting, deboning, Trussing &amp; stuffing.</p> <p><b>MEAT:</b>            Types of meats used in cookery, Cuts of meats i.e./ beef, lamb), purchasing and quality grading, factors that gives meat a good quality, handling, knowledge of edible &amp; other edible parts, food value ,storage, Butchery</p>	15